

Table Grace

We deeply offer our thanks
to the Deepest of Thankables
and our abiding love
to the Most Abiding of Lovables
as we gather here
in grace under grandness
humbly to eat of the earth
so that rippings of renewal
may nurture and empower our
sweetly imperative lives.

May the sustenance we now
receive within ourselves
enable us to give out
more than we possess
as our lungs and souls
breathe more than is air
on our chosen journey
into more than we know.

We honor the One within us
while dwelling within the One.
Amen.