• Towards a unified understanding of philosophy, science, religion, and the arts •

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All things arise and cease due to interdependent causes and conditions

~ 4~

# Dialogues Without Dualities

by

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# **Dialogues Without Dualities**

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#### The One Truth

- Q. Why is truth one?
- A. Other than truth, the rest are illusions.
- Q. But are there not many truths?
- A. All thoughts on truth are about the seeker, the search, and the sought . . .
- Q. Aha! See? There, now, are three truths.
- A. Not so. When you find the truth, the seeker, the search, and the sought, *are* one.

#### All For One

- Q. What is matter?
- A. It does not matter.
- Q. What is mind?
- A. Never mind.
- Q. What next?
- A. The One without a second.

# The Easy and Not-so-easy Truth of The Middle Way

- Q. What is the Middle Way? Is it not moderation?
- A. The Middle Way is neither that which you think is or is not the Middle Way.
- Q. How can that be?
- A. Because the real Middle Way is right there in the middle, between your thoughts of what is and is not the Middle Way.
- Q. Please explain more.
- A. When you find yourself in the middle of that all-embracing space from which every duality arises, you will clearly realize the Middle Way.
- Q. Amazing, I get it! B.M.W. [not a car]—Be (the) Middle Way!
- A. You are on your way.

#### The Koan of Koans

- Q. What is the sound of one hand clapping?
- A. Two hands not clapping.
- Q. You are armless, where are your two hands?
- A. (Making) Beautiful sounds without objects striking each other.

#### Welcome Home

- Knock, knock.
- Q. Who's there?
- A. Somebody.
- Q. Go away.
- Knock, knock.
- Q. Who's there?
- A. Nobody.
- Q. At last. Enter!

# For Mathematicians Only

- Q. How can truth be "the center that is everywhere with its circumference nowhere?"
- A. Keep raising it to the next higher dimension.

Q. When or where will it end?

A. When or where the ending and the beginning are one.

Q. But can you prove it?

A. Try Zero.

# For Non-mathematicians Only

As you tried to solve the above, you were experiencing meditation, even without trying to meditate. Persevere.

Q. For how long is one to persevere?

A. Until you are neither a mathematician or a non-mathematician, or any other of such opposites.

Q. How will one know?

A. Resolving "Zero =equals= Egolessness."

### On Meditating

- Q. What is meditation?
- A. Not what you think.
- Q. How does one do that?
- A. Try the Middle Way.

(See, "The Easy and Not-so-easy Truth of the Middle Way.")

#### The True Way

After speaking, the teacher was asked.

Q. Have you found the Way?

- A. No.
- Q. How can you teach it?
- A. Never lost it.

#### Self-control

- Q. Can the emotions be controlled?
- A. No.
- Q. Why?
- A. It's too late.
- Q. Then what is one to do?
- A. Control your desires.
- Q. What is the connection?
- A. Emotions are the effects, desires are the causes.
- Q. Please continue.
- A. Without the causes, there will be no effects.
- Q. Does that mean I will be devoid of feelings and emotions.
- A. No. You are happily in control of yourself.

#### Meeting Your Master

- Q. Does one need a Master to quicken spiritual progress?
- A. Verily so, especially for your own safety.
- Q. Why, is spirituality that dangerous?
- A. You are your own danger to watch out.
- Q. How can I tell who is the true Master?
- A. First of all, you may meet a Master, but the question is whether that is *your* Master.
- Q. How do I find out?
- A. A true Master points to the Master within you, and not to anyone outside of yourself.
- Q. Then where can I find such a Master?
- A. Simple. Begin with people you happen to dislike.
- Q. Oh no! What can they teach me?
- A. A whole lot, and more.
- Q. Like what?
- A. Compassion, forgiveness, patience, harmlessness, humility, goodwill, understanding, etc., you name it, every challenge will surface, there, for you to resolve.
- Q. What will all that lead to?
- A. In preparation, you will be ready to meet your Master.

## Heaven and Hell

- Q. Where's Heaven?
- A. Within.
- Q. Where's Hell?
- A. Within.
- Q. If I go within?
- A. Be sure you have done heavenly deeds.

#### Light and Darkness

- Q. How can I find the light of truth?
- A. By going deeper into the darkness.
- Q. But will I not be running away from the light?
- A. Not if you are blind.
- Q. But if I am blind, am I not already in darkness?
- A. Yes, you are, because you do not know that you are the light.
- Q. Then how will I know that I am the light?
- A. Like what was said in the beginning, "By going deeper into the darkness."
- Q. What will that do?
- A. The light shines brighter for you to find.
- Q. Awesome! Now, I see, that is why we have come into this world of darkness.
- A. Let your light shine.