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A Seminar Handout

Last Quarter of the Century
First Tenets Offerings

Our Latent Healing Powers

by

Bing Escudero

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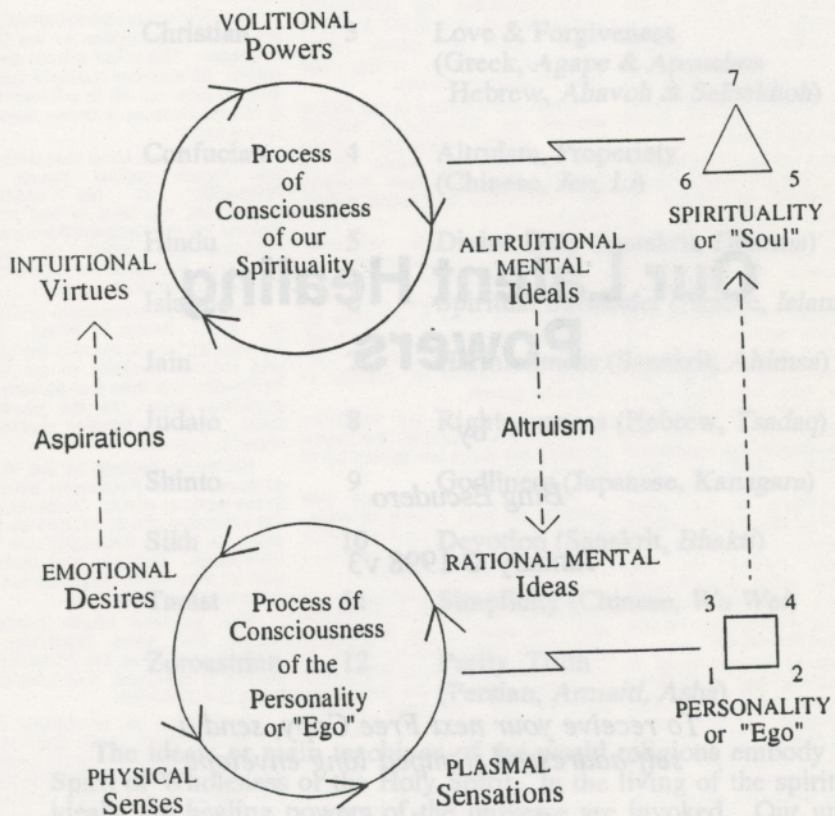
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Chart: OUR SEVENFOLD HUMAN NATURE and The Process of Consciousness

See "Our Latent Healing Powers" by Bing Escudero¹



¹ This chart is also an *Esoyantra* or an esoteric diagram for meditation. Any part of it is an investigative meditation seed. Our own realization awaits us.

Esoyantric Series
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OUR LATENT HEALING POWERS

By
Bing Escudero

The powers of healing are resident in nature. As human beings, we all are a part of the healing wonders of nature. If we would but understand the deeper aspects of our human nature, then we could be an active participant in working with nature's healing forces. It is on this basis that our latent healing powers are awakened.

Our human nature is septenary. (See Chart.) This sevenfold nature may be viewed as levels of consciousness functioning at various states of energy or matter. These states also correspond to our different bodies or vehicles of expression.

Our physical consciousness is made possible especially by the senses. When the senses of the Physical body come in contact with objects, we then feel sensations. We do not perceive the objects of the senses directly. What we immediately perceive are sensations about objects. That is why, sometimes, we can experience similar sensations at the mere suggestion of an object even without physical contact.

Sensations belong to the Plasmal body which is an energy field. When pushed out or suppressed by anaesthesia, we are not able to feel sensations.

The Rational Mental body is activated mostly by sensations. When there are at least two ideas, reasoning begins. In fact, as a result, ideas multiply. Most of these ideas are associated with sensations previously experienced. If not, we say we have a vague idea, which simply means we have no idea at all.

Our Emotional body is made up of desires. And this is how our desires come about. As ideas are generated, one after another, a point is reached where one idea evaluates the preceding idea.

For example, first the idea of "candy," then the second idea says, "candy taste good," then the third idea says, "I'd like to have some." At the point of the third idea, desires arise. Thus we define a desire as an idea pursuing sensation.

Here we now have the process of consciousness of the Personality. Senses in contact with objects, yielding sensations that generate ideas, which further bring about desires that go after objects of the senses. And the cycle goes on to recycle, sustaining the Personality as a separate illusory form of individuality or ego-consciousness. The Personality consciousness is the ordinary mundane life.

There is a higher order of life which constitutes our Spirituality consciousness. It is of the nature of ideals, such as peace, love, compassion, justice, caring, and other altruistic endeavors.

Ideals are qualities of our higher altruistic or Altruitional Mental nature. Ideals transcend ideas, although both are made up of thought. Thus we have thoughts from our higher and lower mental nature.

Ideals are selfless. Whereas, ideas tend to be ego-oriented or self-ish. That is why an idea is a great idea if the ego gets something out of it, and most of the time by exploiting other people. In contrast, ideals have great consideration for others, a measure of maturity or character growth.

The quality of our decision-making is determined by the extent to which our ideas are guided by or founded on ideals.

When an ideal is put into practice, we have a state of virtue. Stated otherwise, an ideal is a virtue we promise to practice. Whereas, a virtue is an ideal that is lived.

The virtues are qualities of our Intuitional nature. The Intuitional does not have to go through a process of reasoning in order to understand. This all-knowing quality is of the nature of the Intuitional. Because the Intuitional already knows, it has no need for reasoning to arrive at knowledge.

Our Intuitional nature is the source of intelligence. Simply stated, if it violates the virtues, it is not intelligent. Therefore, where there is virtue, there is true intelligence. This is our highest ethical center manifesting as conscience at the mental level.

As we translate our ideals into virtues, the Intuitional taps the powers of the Will or our Volitional nature. The powers of consciousness come from the Volitional. By the strength of Will we are able to engage other ideals, further translating them into virtues. And, thus, awakening greater intelligence.

In a state of virtue, the thought of an ideal and the will to action are as one. This Spirituality consciousness constitutes our inner or higher life.

When ideas are imbued with ideals, we have altruism. When desires are for the virtues, we have aspirations.

As Spirituality inspires the Personality, there is altruism. And as the Personality endeavors to rise into the nature of Spirituality, there are aspirations.

Our Spirituality consciousness is the closest conception of the Soul in religion. This is our eternal divine nature. Its supreme quality is that of selflessness. Its will to self-sacrifice is natural because it knows itself to be immortal.

But we do not know ourselves as this higher eternal nature of Spirituality. In our ordinary awareness, we tend to feel more that we are the temporal Personality consciousness which is ego-centered, egotistical or I-oriented. This is our limited mortal self.

Here is a very important principle of total health. When the Personality fails to express the ideal and virtuous qualities of our own Spirituality, it is then that personality problems arise. At the physical level, these personality problems result in sickness.

Spirituality belongs to the world of causes. The Personality belongs to the world of effects. Diseases are the collective effects caused by our failure to let our Spirituality rule the Personality. Sickness and disease stop us from doing ourselves further harm at the physical level.

This powerful health principle implies that when Spirituality is allowed to illumine the Personality, healing is hastened. Our total well-being is maintained.

As we align our awareness with the higher nature of our Spirituality, we thus awaken our latent healing powers. For the life of Spirituality is the source of wholeness, holiness, and true health. This transforms the Personality which can now be made to serve and be an effective vehicle of Spirituality, our truest and highest, ethical and immortal nature.

In the past, we have been educated largely for ideas. Education for ideals will be the new total education of wholeness. It will emerge out of a deeper understanding of our human nature. Thus with intelligent living and with our growing powers of healing, our total well-being becomes an increasing realization.

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Ideals to Live By from the World Religions

<u>Religion</u>	<u>N</u>	<u>Ideal or Main Teaching</u>
Baha'i	1	Peace (Arabic, <i>Salaam</i>)
Buddhist	2	Compassion (Pali, <i>Karuna</i>)
Christian	3	Love & Forgiveness (Greek, <i>Agape & Apsuchos</i> Hebrew, <i>Ahavoh & Seleekhoh</i>)
Confucian	4	Altruism, Propriety (Chinese, <i>Jen, Li</i>)
Hindu	5	Divine Duty (Sanskrit, <i>Dharma</i>)
Islamic	6	Spiritual Surrender (Arabic, <i>Islam</i>)
Jain	7	Harmlessness (Sanskrit, <i>Ahimsa</i>)
Judaic	8	Righteousness (Hebrew, <i>Tsadaq</i>)
Shinto	9	Godliness (Japanese, <i>Kanagara</i>)
Sikh	10	Devotion (Sanskrit, <i>Bhakti</i>)
Taoist	11	Simplicity (Chinese, <i>Wu Wei</i>)
Zoroastrian	12	Purity, Truth (Persian, <i>Armaiti, Asha</i>)

The ideals or main teachings of the world religions embody the Spirit of Wholeness or the Holy Spirit. In the living of the spiritual ideals, the healing powers of the universe are invoked. Our unity with the healing forces is restored. We are made whole again. We are reborn in spirit as well as made new again in body.

Firstly, there is an ideal that is a selfless aspiration to be of service to others. Then the ideal becomes a virtue as the fulfillment of the ideal. Stated simply, an ideal is a virtue we promise to practice; whereas, a virtue is the ideal put into practice. Any particular ideal or virtue includes all the selfless qualities of the other ideals and virtues. Thus, the spiritual ideals inherent in our essential nature is the healing, whose holiness becomes our own wholeness. Δ