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All things arise and cease due to interdependent causes and conditions

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Reality and Ritual

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Reality and Ritual

- 1. Ritual reveals and conceals reality.
- 2. A ritual is perfected by discipline.
- 3. In the exercise of discipline, there is self-control.
- 4. Without self-control, one is waylaid by illusion.
- 5. When ritual is approached as an object or as a requirement from without, reality is concealed.
- 6. The concealment of ritual draws one to the mystery.
- 7. Let the concealment draw you to the mystery.
- 8. When ritual is viewed as a means to a higher order, reality is a revelation of the mystery.
- 9. When ritual is transformed into living the higher order, meaning, from Personality to Spirituality, reality is a realization of the mystery. (See Chart: The Seven ...)
- 10. The element of ritual is essential to survival. Working, resting, eating, hygiene, protecting, conserving, etc.
- 11. Spiritual rituals are done in sanctified space (selflessness).
- 12. The finer rituals are metaphors of higher realities.
- 13. A ritual is no higher than our perception of it.
- 14. By higher reality, we mean the original order of the universe of which we are part and parcel.
- 15. Sanctified space is an expression of wholeness.
- 16. The wholeness begins and ends with the ritual participant,
- 17. The place, people, positions, paraphernalia, procedure, perceptions, paradigms are all dedicated to the spirit of service.

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- 18. That is why a sacred ritual is a selfless service.
- 19. The service emerges from the wholeness that evokes the same harmonious quality needed in the discords of the world.
- 20. The wholeness is the holiness that is the sacred.
- 21. Rituals are but aids to the elevation of consciousness.
- 22. The individual initiates the primary endeavor, the spiritual aspiration for the ideals, while engaging the ritual, from mechanics to significance.
- 23. Ritual devoid of self-transformation is enslavement.
- 24. Ritual that transforms, from self to selflessness, leads to spiritual freedom.
- 25. When ritual is repeated without a corresponding elevation of consciousness, boredom ensues.
- 26. Boredom is the result of the perception of ritual as entertainment, something to watch with curiosity, novelty and fascination.
- 27. When the curiosity disappears, novelty wears out, the fascination diminishes. In the wearing out and the diminution, the watching disappears. Participation is gone.
- 28. If you must watch a ritual, let the mind watch with wonder.
- 29. Better still, watch the mind watching with wonder.
- 30. Zenlike, if you believe in ritual, I don't; if you don't believe in ritual, I do. Then, we learn to think for ourselves.
- 31. When ritual is a celebration of the real, there is no contradiction; all polarities are in a state of wholeness.
- 32. That is the whole truth. Simple as That! $\sim \Delta \sim$

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Chart: The Seven Main Pillars of the Temple

