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*All things arise and cease  
due to causes and conditions*

## **The Twelve Senses**

by

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## The Twelve Senses

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The existence of the five senses is widely known. The question most likely to be raised is---If there are twelve senses, is this scientific? The answer---If it is not yet scientific, it will be, sooner or later. Perhaps, even much sooner than very much later. It may be just a matter of putting together what is being discovered in disparate or separate researches.

Let's highlight the essential nature of each of the twelve senses, doing it in pairs in accord with the principle of "As above so below."

12 & 1. Creativity and Procreativity. The two are opposite of the spectrum. Creativity deals with spirit, mind, or the paraphysical. Procreativity deals with matter or the physical. The intermediate range between Creativity and Procreativity is the realm of the physical, psychological and the psychical. Spirituality governs all.

Creativity is the urge to create, that inner spontaneity towards wholeness, holiness or healing. It is also the oblation for the beautiful if not the very pursuit of it. Everyone is blest with the spirit of creativity. Whether it is allowed to express itself or not is another question.

When creativity is suppressed, we feel depressed, life is at an ebb. When creativity is activated, we feel whole. There is a sense of completeness. Our feelings of exaltation ranges from happiness to joy, ecstasy and up to utter bliss. Whether the state of satisfaction last or not, we know the feeling, we know that something greater than us has touched us. More than this, we also have some kind of great assurance, what we have reached is not lost forever. Somehow we know there is very much more that awaits us.

Creativity creates; procreativity recreates (fun?). Creativity produces; procreativity reproduces (more fun?). It is the One and the Many; the Whole and the Particular. The sense of particularity gives us a sense of individuality, separating us from the whole or the other pieces or selves that are the other-ness of our selfhood. Thus the urge to multiply a piece of ourselves into many pieces of other selves. Then the more pieces that are a part of ourselves, when put or viewed together, simulates our original wholeness of non-separateness or unity. But the nature of a separate self is to procreate more separate selves. The more separate selves there are, the greater our distance to that unity so divided into other selves, multiplying their own other selves. In the family, we call them distant relatives.

11 & 2. Conscience and Equilibrium. Conscience is the sense of uprightness or integrity. It is the sense of right and wrong---the will

The Twelve Senses of our Humanity

"As above, so below"	Twelve Senses	Sense of
12	Creativity	Wholeness/unity/production
11	Conscience	Uprightness/integrity
10	Clairaudience	Psychic hearing
9	Telepathy	Psychic communication
8	Clairvoyance	X-ray vision
7	Smell	Olfactory sensation
6	Taste	Gustatory sensation
5	Sight	Visual sensation
4	Touch	Tactual sensation
3	Hearing	Auditory sensation
2	Equilibrium	Balance/position/direction
1	Procreativity	Particularity/reproduction

to do the right thing, right away. No but's, no if's. When this sense of rightness is ignored, it becomes more difficult to do it next time around. Remember, the wise do it the first time, fools do it at the end. Everyone has a conscience. Our individual differences are due to its use or disuse, its mal-use or abuse as in do-gooders with manipulative and exploitative addictions. On the whole, conscience is the urge to goodness, the rightness of a perfective pursuit. It is the exaltation of flawless excellence. Its evolution has a long way to go.

Equilibrium (vestibular apparatus, located in the inner ear and, called thus) is what gives us the sense of balance. It is our internal positioning devise. Motion is not random, it can be given direction--the right direction--by knowing the right position. Orientation, relation and guidance are made possible with every movement we make. This sense of balance is as important as any of the five senses. Further on, we learn to center ourselves.

10 & 3. Clairaudience and Hearing. The sense of clairaudience is more of a potentiality than an actuality at present. Clairaudience is none other than hearing-at-a-distance or hearing-beyond-the-auditory-spectrum. It is still an undeveloped psychic faculty. Developing clairaudience is also learning how to turn it off. Indeed, it is sometimes easier to turn it on and much harder to turn it off. And that's the rub for any attraction to this psychic faculty. At this stage of our evolution, better to learn to properly use and control our ordinary sense of hearing. For example, not banging our ears with

freaky frantic sounds commercialized as music that's mod or real cool. Another is turning a deaf ear to gossip. Better still, listening to good advice, and doing it. Harmonious speech or sounds, harmonize and heal the body together with the spirit.

9 & 4. Telepathy (& Telekinesis) and Touch. Telepathy, commonly understood as mind-reading, is the power to be in direct touch on a mind to mind level and, therefore, enabling us to send and receive messages beyond our normal means of communication. Telekinesis is moving objects without touching. Both, telepathy and telekinesis are in our forthcoming evolution. So with harmlessness.

The sense of touch is more than what we usually associate with the hands and fingers. Our protective skin covering (cutaneous system) is our sense of touch and feeling. The sensitivity to pain and pleasure alerts us towards physical survival, yielding compassion.

8 & 5. Clairvoyance and Sight. Clairvoyance is commonly known as X-ray vision, the power to see through external obstacles. It enables one to see beyond the domain of normal vision, confined to a range within the electromagnetic spectrum. On a larger scale, it includes the power to look into a remote past as well as a distant future. Stated otherwise, clairvoyance is the power to perceive the higher dimensions of existence, its inner and outer nature, from the subatomic state to that of cosmic proportions. It will be the next sense or faculty to evolve after the sense of smell.

The sense of sight is the power to perceive light and color, a specific range of vibrations in the electromagnetic spectrum. Our sense of sight is also closely associated with the sense of equilibrium or balance. The control of seeing prepares us for the control of clairvoyance in our future evolution.

7 & 6. Smell and Taste. To smell is to breathe, and *vice versa*. Moreover, breathing oxygenates the blood and the brain, seat of the mind. In the control of breathing, there is the control of the mind, leading to the mastery of all the 12 senses, beginning with Nos. 1 to 7, and leading to the full awakening of Nos. 8 to 12.

The sense of taste is very much associated with food. Like the sense of smell, if it taste good, we are more likely to eat it; and if it taste bad, we reject or spit out what we do not like. Our organ of taste is the tongue. One more thing, of the over 600 muscles of the human body, the hardest muscle to control is the tongue.

From Nos. 1 to 7. This is the order of the evolution of our senses.

From Nos. 8 to 12. This is the order of the future accelerated evolution (to full awakening) of our remaining senses. For now.

Remember, the control of the senses and their sensations is in the control of desire and the rational mind by living the spiritual ideals.