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*All things arise and cease  
due to causes and conditions*

~::~~

# **The Twelve-fold States of Consciousness**

by

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## **The Twelve-fold States of Consciousness**

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The understanding of consciousness is crucial in our attempt to understand ourselves and the universe we live in. We may think we have come to know an object of investigation, no matter how scientific, but if we do not understand the nature of consciousness that we are using, any knowledge will be limited by our understanding of consciousness itself. What we know of consciousness becomes the limited parameters of any object of observation. According to our development, no investigation can proceed beyond the conditionings of our own consciousness.

Moreover, we live in a universe of many dimensions. Every set of dimensions is a level or state of consciousness. As we rise to higher levels, a manifold of universes come into being, each universe with their corresponding state of consciousness and nature. A recognition of the hierarchical aspect of consciousness enables us to better understand our outer illusory personality and that inner spirituality which is our real nature. The expansion of this understanding brings us to the centrality of our divine essence, the realization we all seek under many guises and endless pursuits.

*Kindly refer to Chart, reading from No. 1, upwards to No. 12 :*

1 Physical Consciousness. Vehicle is the physical body and senses. Without the senses, it is not possible for the body to perceive the world of physical matter. The senses enable us to contact the objects of sensation in the dense physical world, its sub-states (and engineering science) as follows: solid (mechanical), liquid (hydraulics), gaseous (pneumatics).

As a being of total consciousness, we are entombed in a physical body. Then we become unconscious of our higher states of being.

2 Plasmal Consciousness. Also the body of sensations. After an amputation, many still feel that their body part is still there. Indeed, the phantom part remains intact. Thus we call it the phantom physical. It is also the generic mold or morphogenetic field into which the physical body develops. Future science regenerating body parts involves this field.

Sensations are the result of the senses in contact with objects. Plasmal body sub-states (its engineering science) are as follows: plasmic (thermo-luminescent), magnetic (electrical), atomic or periodic (table, chemical) and particle physics (nuclear). Next above or beyond these plasmal sub-states is the seamless continuum into the non-physical or super-physical.

3 Emotional Consciousness. This is also known as our desire body, seat of our lower, negative or unrefined emotions. Like a weed with roots of materialistic or corruptive desires, eventually, all pleasurable emotions end up in some form of pain or suffering, physical or psychological.

A normal or healthy attraction to pleasure is tempered by maturity or the consideration for the well-being of others together with our own. Emotions become negative as our desires aggravate from attraction to attachment onto addiction to perversion.

Harboring negative emotions or destructive desires lead to irresponsible, reckless, self-defeating or suicidal tendencies. The control of our emotions is in the control of our desires. Desire is the cause. Emotion is the effect. Conditioning, the after-effect. Sufferings connect. It's karma collect. You may not detect. (Poetry, not intended.) Delusion solution? Wake up!

**Chart: The Twelve-fold States of Consciousness**

<u>N</u>	<u>Consciousness</u>	<u>Nature</u>	<u>Universe</u>						
12	Kosmic	Manifest Divinity	Manifest Universe (Unfolded)						
11	Cosmic	Galactic Divinity	3-fold Universe (3-f)	3-f					
10	Logoic	Solar Divinity	6-fold Universe (6-f)	2					
9	Monadic	Planetary Divinity	5-fold Universe (5-f)	6-f	1				
<i>Spirituality (5,6,7-f) or Human Divinity: 7-fold Universe (7-f)</i>									
8	Intentional	Intentions (Will)		7-f	5	5-f			
7	Intuitional	Virtues (Wisdom)		6	4	4			
6	Altruitional*	Ideals (Wholeness, Universal Mental)	5	}	}	}			
<i>Personality or Human Humanity: 4-fold Nature (4-f)</i>							> 3	3	
5	Ideational*	Ideas (Reason, Rational Mental)	4-f						
4	Aspirational	Aspirations (Positive Emotions)		}	}	}			
3	Emotional	Desires (Negative Emotions)					> 3	2	2
2	Plasmal	Sensations (Phantom Physical)	2	}	}	}			
1	Physical	Senses (Dense Physical)	1				> 1	1	

\*When our Altruitional and Ideational states of consciousness are restored to its wholeness, functioning as one, our humanity completes its spiritual evolution. Here is a complete set of ideals that lead to wholeness: (1) Divine duty, *Dharma*; (2) Righteousness, *Tsadaq*; (3) Godliness, *Kanagara*; (4) Pure Truth, *Armaiti Asha*; (5) Harmlessness, *Ahimsa*; (6) Compassion, *Karuna*; (7) Simplicity, *Wu Wei*; (8) Altruistic Propriety, *Jen Li*; (9) Loving-Forgiveness, *Ahavoh-Seleekhoh or Agape-Apsuchos*; (10) Divine Surrender, *Islam*; (11) Devotion, *Bhakti*; (12) Peace, *Salam*. Any one of the above, separated from the rest, becomes a fragmented view. It divides and polarizes the oneness of humanity. The holism, holiness or wholeness is in the altogetherness. All the ideals complement and reinforce each other. The one common denominator is selflessness.

4 Aspirational Consciousness. This is our body of aspirations, seat of our higher, positive or refined emotions. Aspirations are imbued with the right ideas about the ideals, giving us a meaningful significance or purpose for living, especially in times of stress or tragedy. The lower emotions are depressing. The higher emotions are inspiring and uplifting. Positive or refined emotions arise when our thoughts are in accord with the ideals.

5 Ideational Consciousness. This is our form body of ideas. At birth it is a *tabula rasa* or a blank. At this level, learning is largely accumulating and using ideas. Also known as the lower mind or lower mental, seat of the false ego or egotism. The accumulation of thoughts or ideas assumes a bogus identity, a projected illusory self, feeling separate from other selves.

Our Ideational Consciousness enables us to conceive ideas or construct concepts, functioning as our Rational Mental or reasoning faculty. Without ideas, it is not possible to reason. With the ideals of the Altruitional Consciousness, ideas become reasonable.

6 Altruitional Consciousness. At this level, our true spirituality emerges, although not immediately recognizable. This is our immortal or formless body of ideals. This means that all the spiritual ideals are already in us. No one person has more ideals than another. Thus this is our spirit of wholeness or Universal Mental nature. Individual differences are due to the extent by which one is able to apply the ideals in one's life.

Whereas ideas come from the outside after we are born, the ideals are already within each one of us. Even a baby can love. Purely, for sure. Real education is the awakening of the ideals in order to guide our ideas.

7 Intuitional Consciousness. This is our formless body of virtues or virtuous vehicle. We all are still learning to function from this level. The awakening of intuition is the empowerment to perceive reality directly without the laborious process of reasoning. Also, fountainhead of creativity.

The wisdom of the universe dwells in the virtues of our Intuitional Consciousness. Virtues are ideals put into practice. Ideals are our promises to practice the virtues. It is the intuition that illumines the mind, reuniting the Universal Mental and Rational Mental back to its original wholeness.

8 Intentional Consciousness. Our will power resides in our Intentional Consciousness. What we will is what we intend. Or, to intend is to will. Our Intentional Consciousness is not separate from our Intuitional and Altruitional states of consciousness. As a trinity, its unity constitutes our Spirituality or real nature. The Personality (mask) is a quaternary or 4-fold.

Mal-intentions or ill-will are in themselves unrealistic ideas propelled by desire. They do not originate from our Intentional Consciousness. Arising out of insecure ideas, they are devoid of ideals (love, goodwill). The ideals are further on negated by desires attached or addicted to sensations.

Our Intentional Consciousness is the source of our will power, by which our Spirituality (will, wisdom, wholeness) governs the Personality (senses, sensations, desires, ideas). When the Personality prevails without the ideals and virtues, it is because we have failed to act with the power of the will.

As we are able to exercise or apply our Intentional Consciousness, coupled with the wisdom of the virtues of our Intuitional nature, the Personality domain is thus governed by Spirituality as the rightful ruler.

Numbers 9 to 12. In brief, these supreme levels relate to the Divine Orders or Creative Hierarchies, aspects of the One Reality. Their names are legion. Their cosmic works are veiled by mythic metaphors in ancestral manuscripts. They manifest the *Kosmosanthropic Supradigm*, defined as follows: In the totality of manifested universes, what was, what is, and what will be, was human, is human, and will be human; but ultimately divine, beginningless and endless in that absolute ground of reality. This glorious reality awaits our realization. > ss99\_12-foldStatesConsciousness