Free Now

I get up in the morni ng, and my life is totally, ra dically free. What do I do? Do I m ake the bed? Do I ta ke a shower? Do I eat a meal ca lled breakfast? Do I go to wor k at an office? Do I sell my house and move to a nother state? Do I give my mon ey to charity and beg? How do I think if I am free? Do I thin k of myself at all? Do I think of o thers? Am I just a clear lens which sees, b ehind which there is no thing, an d in front of which is every thing? I a m free, but how do I act? What do I do? I am free from how, and from doin g, but my heart still beats, I brea the, I must eat, I must elimina te and perspire. Do I feel overw helmed with freedom and long for the old cages? Do I become depress ed because I can find nothing to do? If I see the futility in every hum an motion and emotion, how can I live? Where is my base of operations? In space? In nothingness? In someth ing called God? In whatever love is? Am I really totally, radically f ree, or have I just enlarged my c age? Can I find the boundaries of my p rison if they are invisible to me? I feel them holding me in. Am I free? Yes, I am free. No more family is necessary. No more society. No more civilization. I can walk ou t the door and never come back. I ca n go anywhere on earth. I am com pletely free. But to go anywhere is to not go everywhere else. I leave a trail. I remember. People remember me. There are ties. Within memory ca n I be free? Can I remember without encum brance, without attachment, withou t hope, without fear? Yes. I am free. I sit on a rock. Where am I? Who am I? Why am I here? Am I free? Yes, totally, radically f ree. Do I like it? That is not the question. F reedom is all there is, and I am it. Each thin

g matters as much as each other thing, an d yet no thing matters. Matterin g is a trap, but things are just th ings. I am free to lie in the mud o r to go to the office or to sit here on th e rock. What am I to do? Free, as I am, what is there in life? The cage has been sprung open and destroyed, and there is no going back to it. I b reathe, and I walk, and I stumble, a nd eat, and see. A man walk s by and sees me sitting on t he rock, and he says, "Hello. Nice mornin g, isn't it?" I say, "Yes, it is." Am I still free? What is another person, r eally? Before, I could only assume, bu t now I must investigate. What, really, is another person? I breathe deeply, and I get up and walk toward nothing, away from nothi ng, just walk. Now I know what I mus t do, now that I am radically free. I m ust find out what the other person is. He is there. I see him. He is not an illu sion. Is he free? If not, can I free him? Am I free no t to free him? What is relationship when th ere is freedom? I will investigate until I die. A bird lands on a fence post.

Copyright © 1988 by Alan Harris. All rights reserved. From *An Everywhere Oasis* at www.alharris.com