## Ninth Commandment

## Thou shalt not bear false witness against thy neighbor.

A lie is like a fingernail screeching across a blackboard. It jangles your mind, perverts your heart, and sickens your body.

To lie is to build an ugly, frail structure which to maintain will require more and more deceit until, when you no longer remember the first lie that laid its flimsy foundation, the edifice must topple and come crashing down upon your head.

To lie is to slice yourself away from the Eternal Source. Each lie says, "I am more important than WHAT IS." But tongues that lie are tongues that taste the dirt of doom, for WHAT IS cannot be altered a whit by either false words or false silence.

Those who speak truth will prevail, while liars will lie-lie whimpering in the cosmic gutters.

Copyright @ 1990 by Alan Harris. All rights reserved. From An Everywhere Oasis at www.alharris.com